



TAEKWONDO  
Poomsae

---

## ABDELGHAFOUR

### Othman

dob:

Club: international



**1,34**

Ranking points

Rank **9.057**

of: 10.159

**Qatar**

---

### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Individual male

2006 PAR World Championships

South Korea

1st Senior

**1,34**

# BOULARAS

## Othman

dob:

Club: international



**197,28**

Ranking points

Rank **472**

of: 10.159

### Qatar

#### Asian Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	3
Pair	0	0	2

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	3	3	2
Pair	0	0	1

#### World Beach Championships

Discipline	Gold	Silver	Bronze
Individual male	1	0	0

#### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0
Team (5 person)	0	0	0

### Pair

2014	3.	Turkish Open	Turkey	under 30	3,60
2016	PAR	World Championships	Peru	under 30	1,34
2016	PAR	Asian Championships	Philippines	until 30	0,67
2021	3.	Asian Championships	Lebanon	over 30	14,40
2022	3.	Asian Championships	Korea	over 30	14,40

### Team (5 person)

2011	PAR	World Championships	Russia	1st Senior male	1,34
------	-----	---------------------	--------	-----------------	------

## Individual male

2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	PAR	World Championships	Egypt	1st Senior	1,34
2012	PAR	World Championships	Colombia	under 29	1,34
2014	PAR	World Championships	Mexico	under 30	1,34
2014	3.	Turkish Open	Turkey	under 30	3,60
2015	2.	Turkish Open	Turkey	under 30	6,00
2016	1/8-F	World Championships	Peru	under 30	1,34
2016	6.	Asian Championships	Philippines	under 30	3,11
2017	1.	Austrian Open	Austria	under 40	10,00
2018	3.	Asian Championships	Vietnam	under 40	14,40
2018	PAR	World Championships	Chinese Taipei	under 40	1,34
2018	1.	World Beach Championships	Greece	over 30	20,00
2019	8.	World Beach Championships	Egypt	over 30	0,56
2020	6.	World Championships	online	under 40	6,22
2021	2.	WT PresidentsCup - Asian	online	under 40	6,00
2021	3.	World Taekwondo - Challenge 3	online	under 40	7,20
2021	4.	World Taekwondo - Challenge Final	online	under 40	4,32
2021	3.	Asian Championships	Lebanon	under 40	14,40
2021	1.	Belgian Open	online	under 40	10,00
2022	4.	World Taekwondo - Challenge Final	online	under 40	4,32
2022	3.	Asian Championships	Korea	under 40	14,40
2022	5.	World Championships	Korea	under 40	10,37
2022	5.	World Taekwondo - Challenge 1	online	under 40	2,59
2023	2.	WT PresidentsCup - Europe	Turkey	under 40	6,00
2023	1.	Turkish Open	Turkey	under 40	10,00

# ABDULHALIM Ahmed

dob:

Club: international



**2,68**

Ranking points

Rank **8.759**

of: 10.159

**Qatar**

## World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Team (5 person)	0	0	0

### Team (5 person)

2011 PAR World Championships Russia 1st Senior male **1,34**

### Individual male

2011 PAR World Championships Russia 1st Senior **1,34**

# LAZAM Mansoor

dob:

Club: international



**31,37**

Ranking points

Rank **2.939**

of: 10.159

## Qatar

### Asian Championships

Discipline	Gold	Silver	Bronze
Individual male	0	1	0

### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Team (5 person)	0	0	0

### Team (5 person)

2011 PAR World Championships Russia 1st Senior male **1,34**

### Individual male

2011 PAR World Championships Russia 2nd Senior **1,34**

2012 PAR World Championships Colombia under 39 **1,34**

2016 PAR Asian Championships Philippines under 40 **0,67**

2016 1/16-F World Championships Peru under 40 **1,34**

2020 PAR World Championships online under 50 **1,34**

2021 2. Asian Championships Lebanon under 50 **24,00**

## AKBAR

### Huda

dob: 25.06.1988

Club: international



**58,68**

Ranking points

Rank **1.837**

of: 10.159

### Qatar

#### Asian Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Pair	0	0	2

#### Asian Games

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

#### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

### Pair

2014	3.	Turkish Open	Turkey	under 30	3,60
2016	PAR	Asian Championships	Philippines	until 30	0,67
2016	PAR	World Championships	Peru	under 30	1,34
2021	3.	Asian Championships	Lebanon	over 30	14,40
2022	3.	Asian Championships	Korea	over 30	14,40

### Individual female

2016	PAR	Asian Championships	Philippines	under 30	0,67
2016	1/16-F	World Championships	Peru	under 30	1,34
2018	1/8-F	Asian Games	Indonesia	Senior	0,67
2020	PAR	World Championships	online	under 40	1,34
2021	3.	Asian Championships	Lebanon	under 40	14,40
2022	5.	Asian Championships	Korea	under 40	5,18
2023	PAR	Asian Games	China	Senior	0,67



## ALKUWARI

### Ahmad

dob:

Club: international



**3,11**

Ranking points

Rank **8.712**

of: 10.159

**Qatar**

### Asian Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

### Individual male

2019 6. Asian Championships Jordan Cadet **3,11**

---

# MOHAMMED Noor Nazar

dob:

Club: international



**5,18**

Ranking points

Rank **7.162**

of: 10.159

**Qatar**

---

## Asian Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0

### Freestyle Individual

2022 5. Asian Championships

Vietnam

under 17 female

**5,18**