

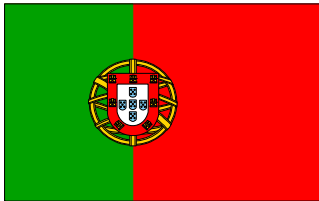


TAEKWONDO
Poomsae

MELO Marlene

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2005 PAR European Championships

Finland

Junior

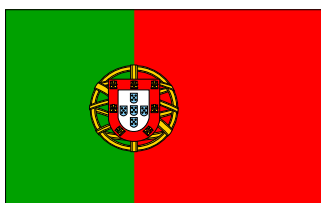
0,67

PULIDO

Paulo

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Individual male

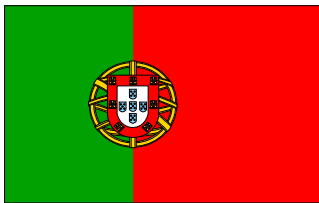
2005 PAR European Championships Finland Junior **0,67**

MOTA HILARIO

Armanda Gilda

dob:

Club: international



86,90

Ranking points

Rank **1.241**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	1
Team Female	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	2	2	0
Pair	0	1	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Pair

2009	PAR	European Championships	Portugal	1st Senior	0,67
2013	7.	European Championships	Spain	over 29	1,87
2017	3.	European Championships	Greece	over 30	14,40
2020	2.	Austrian Open	Austria	over 30	6,00

Team Female

2015	3.	European Championships	Serbia	over 30	14,40
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Individual female

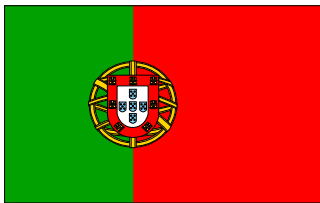
2005	PAR	European Championships	Finland	1st Senior	0,67
2006	PAR	World Championships	South Korea	1st Senior	1,34
2007	PAR	European Championships	Turkey	1st Senior	0,67
2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	8.	European Championships	Portugal	1st Senior	1,12
2009	PAR	World Championships	Egypt	1st Senior	1,34
2010	8.	World Championships	Uzbekistan	2nd Senior	2,24
2010	1.	Spanish Open	Spain	2nd Senior	10,00
2011	7.	European Championships	Italy	2nd Senior	1,87
2011	1.	Portugal Open	Portugal	2nd Senior	10,00
2011	2.	Finnish Open	Finland	1st Senior	6,00
2013	8.	European Championships	Spain	under 39	1,12
2015	PAR	European Championships	Serbia	under 40	0,67
2017	5.	European Championships	Greece	under 40	5,18
2019	2.	Portugal Open (TCSAC)	Portugal	under 50	6,00

FRANCISCO

Tiago

dob:

Club: international



123,64

Ranking points

Rank **827**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	0	0
Team (5 person)	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	2	4	3
Pair	1	0	0
Team Male	2	0	0

Universiade

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Synchron male	0	0	0
Team Male	0	0	0

World University Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Pair

2009	PAR	Universiade	Serbia	Senior	0,34
2013	7.	European Championships	Spain	over 29	1,87
2015	1.	Austrian Open	Austria	over 30	10,00

Team (5 person)

2009	5.	European Championships	Portugal	1st Senior male	5,18
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Team Male

2013	1.	Spanish Open	Spain	over 29	10,00
2013	6.	World Championships	Indonesia	over 29	6,22
2019	1.	Portugal Open (TCSAC)	Portugal	over 30	10,00

Synchron male

2008	PAR	World Championships	Turkey	1st Senior	1,34
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Individual male

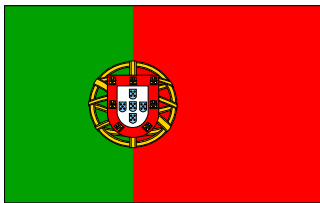
2005	PAR	European Championships	Finland	1st Senior	0,67
2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	7.	European Championships	Portugal	1st Senior	1,87
2009	PAR	World Championships	Egypt	1st Senior	1,34
2009	PAR	Universiade	Serbia	Senior	0,34
2010	5.	World University Championships	Spain	Senior	2,59
2011	2.	Portugal Open	Portugal	1st Senior	6,00
2015	3.	Belgian Open	Belgian	under 40	3,60
2015	2.	Austrian Open	Austria	under 40	6,00
2016	2.	Austrian Open	Austria	under 40	6,00
2016	1.	WT PresidentsCup - Europe	Germany	under 40	10,00
2016	3.	Spanish Open	Spain	under 40	3,60
2017	3.	European Championships	Greece	under 40	14,40
2018	2.	Portugal Open (TCSAC)	Portugal	under 40	6,00
2019	PAR	European Championships	Turkey	under 40	0,67
2019	3.	WT PresidentsCup - Europe	Germany	under 40	3,60
2019	1.	Portugal Open (TCSAC)	Portugal	under 40	10,00
2021	PAR	European Championships	Portugal	under 40	0,67

MOREIRA ALVES

Dora Alexandra

dob:

Club: international



2,01

Ranking points

Rank **8.803**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2005	PAR	European Championships	Finland	2nd Senior	0,67
2006	PAR	World Championships	South Korea	2nd Senior	1,34

RIBEIRO

Rui

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Individual male

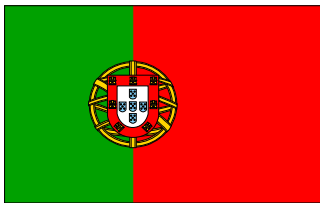
2005 PAR European Championships Finland 3rd Senior **0,67**

RAMOS

Sergio Miguel Roque

dob: 28.08.1976

Club: Clube Taekwondo De Sintra



Portugal

314,30

Ranking points

Rank **230**
of: 9.946



Photo: Peter Bolz (2015)

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	3
Pair	0	0	1
Team (5 person)	0	0	0
Team Male	1	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	5	5	11
Pair	0	1	0
Team Male	1	2	1

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0
Synchron male	0	0	0
Team Male	0	0	0

Pair

2009	PAR	World Championships	Egypt	under 35	1,34
2009	PAR	European Championships	Portugal	1st Senior	0,67
2011	PAR	World Championships	Russia	1st Senior	1,34
2011	8.	European Championships	Italy	1st Senior	1,12
2017	3.	European Championships	Greece	over 30	14,40
2020	2.	Austrian Open	Austria	over 30	6,00

Team (5 person)

2009	5.	European Championships	Portugal	1st Senior male	5,18
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Team Male

2006	PAR	World Championships	South Korea	1st Senior	1,34
2009	8.	World Championships	Egypt	under 35	2,24
2011	2.	Portugal Open	Portugal	under 35	6,00
2011	3.	Spanish Open	Spain	under 36	3,60
2011	2.	Portugal Open	Portugal	1st Senior	6,00
2013	1.	Spanish Open	Spain	over 29	10,00
2013	3.	European Championships	Spain	over 29	14,40
2013	6.	World Championships	Indonesia	over 29	6,22
2015	PAR	European Championships	Serbia	over 30	0,67
2021	1.	European Championships	Portugal	over 30	40,00

Synchron male

2008	PAR	World Championships	Turkey	1st Senior	1,34
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Individual male

2006	PAR	World Championships	South Korea	1st Senior	1,34
2008	PAR	World Championships	Turkey	2nd Senior	1,34
2009	8.	World Championships	Egypt	under 40	2,24
2009	PAR	World Championships	Egypt	under 40	1,34
2009	5.	European Championships	Portugal	2nd Senior	5,18
2010	PAR	World Championships	Uzbekistan	2nd Senior	1,34
2010	3.	Spanish Open	Spain	2nd Senior	3,60
2011	PAR	World Championships	Russia	2nd Senior	1,34
2011	PAR	European Championships	Italy	under 40	1,87
2011	3.	Spanish Open	Spain	under 40	3,60
2011	2.	Finnish Open	Finland	2nd Senior	6,00
2011	2.	Portugal Open	Portugal	2nd Senior	6,00
2011	2.	Portugal Open	Portugal	under 40	6,00
2012	1.	Finnish Open	Finland	under 40	10,00
2012	PAR	World Championships	Colombia	under 39	1,34
2013	6.	European Championships	Spain	under 39	3,11
2013	3.	Spanish Open	Spain	under 39	3,60
2014	PAR	World Championships	Mexico	under 40	1,34
2014	3.	Austrian Open	Austria	under 40	3,60
2015	2.	German Open	Germany	under 40	6,00
2015	3.	Dutch Open	Netherland	under 40	3,60
2015	3.	European Championships	Serbia	under 40	14,40
2016	2.	WT PresidentsCup - Europe	Germany	under 40	6,00
2016	3.	Dutch Open	Netherland	under 40	3,60
2016	3.	Belgian Open	Belgian	under 40	3,60
2017	1.	French Open (Lille)	France	under 50	10,00
2017	3.	Belgian Open	Belgian	under 50	3,60
2017	5.	European Championships	Greece	under 50	5,18
2018	1.	Portugal Open (TCSAC)	Portugal	under 50	10,00
2018	PAR	World Championships	Chinese Taipei	under 50	1,34
2019	3.	Portugal Open (TCSAC)	Portugal	under 50	3,60
2019	1.	French Open (Lille)	France	under 50	10,00
2019	3.	European Championships	Turkey	under 50	14,40



2020	PAR	World Championships	online	under 50	1,34
2020	3.	German Open	Germany	under 50	3,60
2021	3.	European Championships	Portugal	under 50	14,40
2022	3.	Swedish Open	Sweden	under 50	3,60
2023	1.	French Open (Paris)	France	under 50	10,00

FIGUEIREDO RUI Mario

dob:

Club: international



1,34

Ranking points

Rank **8.890**

of: 9.946

Portugal

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Individual male

2006 PAR World Championships

South Korea

2nd Senior

1,34

CARVALHO

Diogo

dob:

Club: international



15,61

Ranking points

Rank **4.249**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	0
Pair	0	0	1

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Pair

2011 3. Portugal Open Portugal 1st Senior **3,60**

Individual male

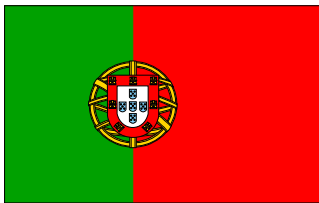
2008 PAR World Championships Turkey Junior **1,34**
 2009 PAR European Championships Portugal Junior **0,67**
 2011 1. Portugal Open Portugal Junior **10,00**

CASQUINHA

Carlos

dob:

Club: international



1,34

Ranking points

Rank **8.890**

of: 9.946

Portugal

World Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

Pair

2008 PAR World Championships Turkey 1st Senior **1,34**

NABICO

Ana Rita

dob: 05.05.1988

Club: international



4,23

Ranking points

Rank **7.191**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team (5 person)	0	0	0

Universiade

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

World University Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0



Pair

2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	PAR	Universiade	Serbia	Senior	0,34

Team (5 person)

2009	7.	European Championships	Portugal	1st Senior female	1,87
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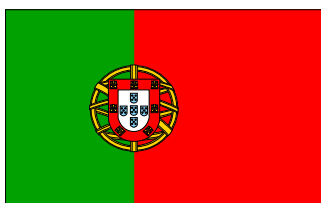
Individual female

2009	PAR	Universiade	Serbia	Senior	0,34
2010	PAR	World University Championships	Spain	Senior	0,34

TOMAS Pedro

dob:

Club: international



152,88

Ranking points

Rank **643**
of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Team (5 person)	0	0	0
Team Male	1	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	2	5
Pair	2	0	0
Team Male	2	0	0

World Championships

Discipline	Gold	Silver	Bronze
Synchron male	0	0	0
Team Male	0	0	0

Pair

2019	1.	Portugal Open (TCSAC)	Portugal	over 30	10,00
2023	1.	French Open (Paris)	France	over 30	10,00

Team (5 person)

2009	5.	European Championships	Portugal	1st Senior male	5,18
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Team Male

2011	1.	Portugal Open	Portugal	2nd Senior	10,00
2013	1.	Spanish Open	Spain	over 29	10,00
2013	3.	European Championships	Spain	over 29	14,40
2013	6.	World Championships	Indonesia	over 29	6,22
2015	PAR	European Championships	Serbia	over 30	0,67
2021	1.	European Championships	Portugal	over 30	40,00

Synchron male

2008	PAR	World Championships	Turkey	1st Senior	1,34
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Individual male

2015	3.	European Championships	Serbia	under 50	14,40
2015	2.	Belgian Open	Belgian	under 50	6,00
2016	3.	Belgian Open	Belgian	under 50	3,60
2016	3.	WT PresidentsCup - Europe	Germany	under 50	3,60
2017	PAR	European Championships	Greece	under 50	0,67
2018	3.	Portugal Open (TCSAC)	Portugal	under 50	3,60
2019	2.	French Open (Lille)	France	under 50	6,00
2019	3.	Portugal Open (TCSAC)	Portugal	under 50	3,60
2020	3.	Austrian Open	Austria	under 50	3,60

COSTAL

Tatiana

dob:

Club: international



57,50

Ranking points

Rank **1.824**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0
Team (5 person)	0	0	0
Team Female	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	3	6

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

Pair

2011	8.	European Championships	Italy	1st Senior	1,12
2011	PAR	World Championships	Russia	1st Senior	1,34

Team (5 person)

2009	7.	European Championships	Portugal	1st Senior female	1,87
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Team Female

2013	8.	European Championships	Spain	up to 29	1,12
2015	PAR	European Championships	Serbia	under 30	0,67

Individual female

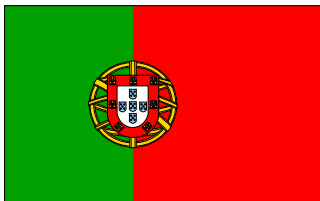
2009	PAR	European Championships	Portugal	Junior	0,67
2010	2.	Spanish Open	Spain	Junior	6,00
2010	PAR	World Championships	Uzbekistan	Junior	1,34
2011	7.	European Championships	Italy	1st Senior	1,87
2011	3.	Finnish Open	Finland	1st Senior	3,60
2011	PAR	World Championships	Russia	1st Senior	1,34
2012	PAR	World Championships	Colombia	under 29	1,34
2013	7.	European Championships	Spain	under 29	1,87
2014	PAR	World Championships	Mexico	under 30	1,34
2015	3.	Austrian Open	Austria	under 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67
2016	3.	WT PresidentsCup - Europe	Germany	under 30	3,60
2016	3.	Spanish Open	Spain	under 30	3,60
2017	PAR	European Championships	Greece	under 30	0,67
2017	3.	French Open (Lille)	France	under 30	3,60
2018	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2018	3.	Spanish Open	Spain	under 30	3,60
2019	2.	Multi European Games	Bulgaria	under 30	6,00
2019	PAR	European Championships	Turkey	under 30	0,67

GONCALVES

Rute

dob:

Club: international



1,87

Ranking points

Rank **8.829**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

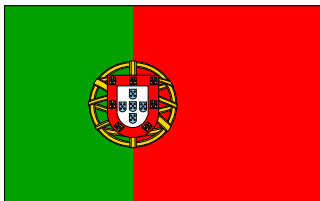
2009 7. European Championships Portugal 2nd Senior **1,87**

GONCALVES

Jose

dob:

Club: international



5,85

Ranking points

Rank **6.994**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

Pair

2009 5. European Championships Portugal 2nd Senior **5,18**

Individual male

2009 PAR European Championships Portugal 1st Master **0,67**

CARVALHO

Eduarda

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2009 PAR European Championships

Portugal

1st Master

0,67

SILVA

Paula

dob:

Club: international



5,18

Ranking points

Rank **7.038**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

Pair

2009 5. European Championships Portugal 2nd Senior **5,18**

RIBEIRO

Marcia

dob:

Club: international



1,87

Ranking points

Rank **8.829**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team (5 person)	0	0	0

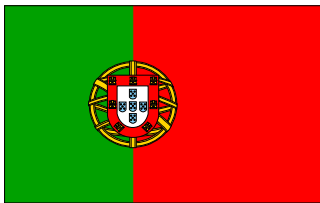
Team (5 person)

2009 7. European Championships Portugal 1st Senior female **1,87**

MARTINS Gabriela

dob: 14.12.1994

Club: international



31,56

Ranking points

Rank **2.857**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Female	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Pair	0	1	3
Team Female	0	0	1

Universiade

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

Pair

2011	3.	Portugal Open	Portugal	1st Senior	3,60
2013	7.	European Championships	Spain	up to 29	1,87
2015	3.	Belgian Open	Belgian	under 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67
2016	3.	WT PresidentsCup - Europe	Germany	under 30	3,60
2017	2.	Spanish Open	Spain	1st Senior	6,00
2017	PAR	World Beach Championships	Greece	under 30	0,34
2017	PAR	Universiade	Chinese Taipei	Senior	0,34
2017	7.	European Championships	Greece	under 30	1,87

Team Female

2011	3.	Belgian Open	Belgian	1st Senior	3,60
2013	8.	European Championships	Spain	up to 29	1,12
2015	PAR	European Championships	Serbia	under 30	0,67

Individual female

2017	PAR	Universiade	Chinese Taipei	Senior	0,34
2017	PAR	World Beach Championships	Greece	under 30	0,34
2017	3.	Spanish Open	Spain	1st Senior	3,60

SILVA

Bruno

dob:

Club: international



48,68

Ranking points

Rank **2.065**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Male	1	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

Pair

2013	7.	European Championships	Spain	up to 29	1,87
2015	3.	Belgian Open	Belgian	over 30	3,60
2015	PAR	European Championships	Serbia	over 30	0,67
2021	7.	European Championships	Portugal	over 30	1,87

Team Male

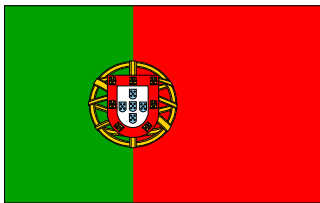
2015	PAR	European Championships	Serbia	over 30	0,67
2021	1.	European Championships	Portugal	over 30	40,00

LOURENCO

Joana

dob:

Club: international



Portugal

83,70

Ranking points

Rank **1.278**
of: 9.946



Photo: Turkiye TKD Federasyonu / Bogachan Karasu (2019)

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0
Team Female	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Pair	0	0	1
Individual female	1	2	2
Pair	3	0	0

World Beach Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0
Freestyle Pair	0	0	0
Individual female	0	0	0
Pair	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Pair

2017	PAR	World Beach Championships	Greece	under 30	0,34
2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2018	1.	European Clubs Championships	Spain	under 30	10,00
2019	PAR	European Championships	Turkey	under 30	0,67
2021	PAR	European Championships	Portugal	under 30	0,67
2023	1.	French Open (Paris)	France	over 30	10,00

Team Female

2013	8.	European Championships	Spain	up to 29	1,12
2021	3.	European Championships	Portugal	under 30	14,40

Freestyle Individual

2017	PAR	World Beach Championships	Greece	over 17 female	0,34
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Freestyle Pair

2017	PAR	World Beach Championships	Greece	over 17	0,34
2017	3.	French Open (Lille)	France	over 18	3,60

Individual female

2017	PAR	World Beach Championships	Greece	under 30	0,34
2017	PAR	European Championships	Greece	under 30	0,67
2018	2.	European Clubs Championships	Spain	under 30	6,00
2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
2019	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2019	PAR	European Championships	Turkey	under 30	0,67
2020	PAR	World Championships	online	under 30	1,34
2023	1.	European Clubs Championships	Bulgaria	under 40	10,00
2023	3.	French Open (Paris)	France	under 40	3,60

COUTINHO Mariana

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2013 PAR European Championships

Spain

under 17

0,67

SOUSA

Ana

dob:

Club: international



38,80

Ranking points

Rank **2.576**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Pair	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	1	0	0

Pair

2015 3. European Championships Serbia Junior **14,40**

Individual female

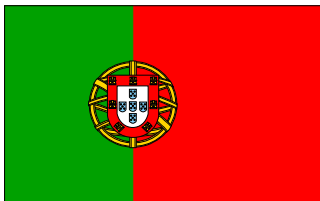
2015 1. Belgian Open Belgian under 17 **10,00**

2015 3. European Championships Serbia Junior **14,40**

FREIRE Carlos

dob:

Club: international



15,07

Ranking points

Rank **4.306**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	1

Pair

2015 3. European Championships Serbia Junior **14,40**

Individual male

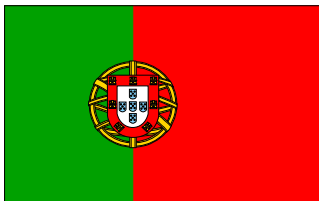
2015 PAR European Championships Serbia Junior **0,67**

GARCIA

Andreia Filipa

dob:

Club: international



48,54

Ranking points

Rank **2.067**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Female	0	0	2

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	1	0	0
Pair	0	0	1
Team Female	0	0	1

Pair

2015	3.	Belgian Open	Belgian	over 30	3,60
2015	PAR	European Championships	Serbia	over 30	0,67
2021	7.	European Championships	Portugal	over 30	1,87

Team Female

2011	3.	Belgian Open	Belgian	1st Senior	3,60
2015	3.	European Championships	Serbia	over 30	14,40
2021	3.	European Championships	Portugal	over 30	14,40

Individual female

2015	1.	Belgian Open	Belgian	under 40	10,00
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ANTUNES

Claudia

dob:

Club: international



14,40

Ranking points

Rank **4.347**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

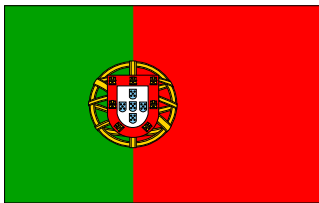
2015 3. European Championships Serbia over 30 **14,40**

RAMALHO

Diogo Ricardo

dob: 02.09.1997

Club: international



47,84

Ranking points

Rank **2.124**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0
Team Male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	2	1
Pair	2	0	1
Team Male	0	0	1

Universiade

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

Pair

2015	3.	Austrian Open	Austria	until 30	3,60
2017	PAR	World Beach Championships	Greece	under 30	0,34
2018	1.	European Clubs Championships	Spain	under 30	10,00
2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	PAR	European Championships	Turkey	under 30	0,67
2021	PAR	European Championships	Portugal	under 30	0,67

Team Male

2015	3.	Belgian Open	Belgian	until 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67

Individual male

2015	PAR	European Championships	Serbia	under 30	0,67
2016	3.	Spanish Open	Spain	under 30	3,60
2017	PAR	European Championships	Greece	under 30	0,67
2017	PAR	World Beach Championships	Greece	under 30	0,34
2018	2.	European Clubs Championships	Spain	under 30	6,00
2018	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2019	PAR	Universiade	Italy	Senior	0,34
2019	PAR	European Championships	Turkey	under 30	0,67

MOREIRA

Joao Paulo

dob:

Club: international



19,49

Ranking points

Rank **3.862**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	2
Team Male	0	0	1

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

Pair

2015	3.	Belgian Open	Belgian	under 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67
2016	3.	WT PresidentsCup - Europe	Germany	under 30	3,60
2017	2.	Spanish Open	Spain	1st Senior	6,00
2017	PAR	World Beach Championships	Greece	under 30	0,34

Team Male

2015	3.	Belgian Open	Belgian	until 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67
2019	PAR	European Championships	Turkey	under 30	0,67

Individual male

2017	PAR	World Beach Championships	Greece	under 30	0,34
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GONCALVES

Joana

dob:

Club: international



6,67

Ranking points

Rank **6.226**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	1	0

Team Female

2015 PAR European Championships Serbia under 30 **0,67**

Freestyle Individual

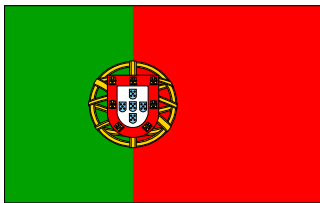
2016 2. Belgian Open Belgian over 17 female **6,00**

FIDALGO

Bruno Simoes

dob: 11.10.1993

Club: international



37,29

Ranking points

Rank **2.642**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0
Freestyle Mixed Team	0	0	0
Team Male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	1	2
Freestyle Pair	0	0	1
Individual male	0	0	1
Pair	0	0	1
Team Male	0	0	1

Universiade

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

World Beach Championships

Discipline	Gold	Silver	Bronze
Freestyle Pair	0	0	0
Individual male	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0

Pair

2017	PAR	Universiade	Chinese Taipei	Senior	0,34
2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60

Team Male

2015	PAR	European Championships	Serbia	under 30	0,67
2015	3.	Belgian Open	Belgian	until 30	3,60
2021	7.	European Championships	Portugal	under 30	1,87

Freestyle Individual

2017	3.	Belgian Open	Belgian	over 17 male	3,60
2017	PAR	European Championships	Greece	over 17 male	0,67
2018	2.	Portugal Open (TCSAC)	Portugal	over 18 male	6,00
2018	PAR	World Championships	Chinese Taipei	under 17 male	1,34
2019	PAR	European Championships	Turkey	over 17 male	0,67
2020	3.	Austrian Open	Austria	over 17 male	3,60

Freestyle Pair

2017	PAR	World Beach Championships	Greece	over 17	0,34
2017	3.	French Open (Lille)	France	over 18	3,60

Freestyle Mixed Team

2021	6.	European Championships	Portugal	over 12	3,11
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Individual male

2017	PAR	World Beach Championships	Greece	under 30	0,34
2017	PAR	Universiade	Chinese Taipei	Senior	0,34
2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60

FERNANDES da SILVA

Ana Paula

dob: 06.06.1972

Club: international



7,87

Ranking points

Rank **5.910**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Pair	0	0	1

Pair

2016 3. Austrian Open Austria over 30 **3,60**

Individual female

2016 3. WT PresidentsCup - Europe Germany under 50 **3,60**

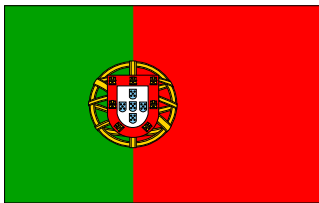
2017 PAR European Championships Greece under 50 **0,67**

COSTA FERRAZ

Eduarda

dob: 22.10.1952

Club: international



Portugal

320,40
Ranking points

Rank **222**
of: 9.946



Photo: private (2023)

European Championships

Discipline	Gold	Silver	Bronze
Individual female	2	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	8	3	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	1	1	0

Individual female

2016	2.	Austrian Open	Austria	under 65	6,00
2016	2.	French Open (Lille)	France	under 65	6,00
2016	1.	WT PresidentsCup - Europe	Germany	under 65	10,00
2017	1.	Belgian Open	Belgian	under 65	10,00
2017	3.	European Championships	Greece	under 65	14,40
2018	1.	Portugal Open (TCSAC)	Portugal	over 65	10,00
2018	1.	World Championships	Chinese Taipei	over 65	80,00
2019	1.	European Championships	Turkey	over 65	40,00
2019	2.	German Open	Germany	over 15	6,00
2019	1.	Portugal Open (TCSAC)	Portugal	over 65	10,00
2020	2.	World Championships	online	over 65	48,00
2020	1.	Austrian Open	Austria	over 65	10,00
2020	1.	European Open	online	over 65	10,00
2020	1.	Oceania Open	online	over 65	10,00
2021	1.	European Championships	Portugal	over 65	40,00
2023	1.	Bulgaria Open	Bulgaria	over 65	10,00

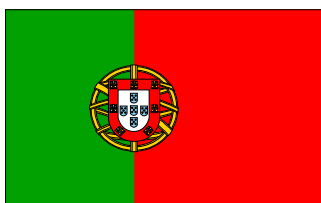


MATIAS

Rafael

dob:

Club: international



2,13

Ranking points

Rank **8.799**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Pair

2017 8. European Championships Greece Junior **1,12**

Individual male

2017 PAR World Beach Championships Greece under 17 **0,34**

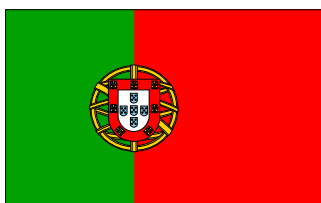
2017 PAR European Championships Greece Junior **0,67**

COSTA

Leandro

dob:

Club: international



24,27

Ranking points

Rank **3.314**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Male	2	0	0

Pair

2015 3. Austrian Open Austria until 30 **3,60**

Team Male

2018 1. Portugal Open (TCSAC) Portugal Junior **10,00**

2019 1. Portugal Open (TCSAC) Portugal Junior **10,00**

Individual male

2017 PAR European Championships Greece Cadet **0,67**

LUZ da Vladimiro Manuel

dob:

Club: international



4,27

Ranking points

Rank **7.160**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

Pair

2016 3. Austrian Open Austria over 30 **3,60**

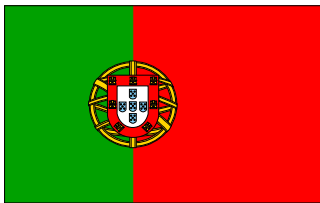
Individual male

2017 PAR European Championships Greece under 40 **0,67**

MARTINS Paulo

dob:

Club: international



10,67

Ranking points

Rank **5.039**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

Team Male

2011 1. Portugal Open Portugal 2nd Senior **10,00**

Individual male

2017 PAR European Championships Greece under 60 **0,67**

PACHECO Ana Caterina

dob:

Club: international



0,67

Ranking points

Rank **9.445**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2017 PAR European Championships

Greece

Junior

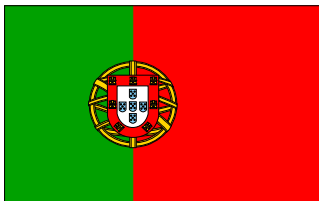
0,67

ALVES

Beatriz

dob:

Club: international



22,95

Ranking points

Rank **3.533**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	1	1
Pair	1	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Pair

2018	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00
2019	PAR	European Championships	Turkey	Junior	0,67

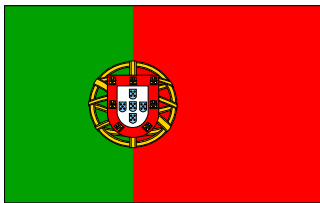
Individual female

2017	PAR	European Championships	Greece	Cadet	0,67
2018	2.	Portugal Open (TCSAC)	Portugal	under 17	6,00
2018	PAR	World Championships	Chinese Taipei	Cadet	1,34
2019	3.	Portugal Open (TCSAC)	Portugal	Junior	3,60
2019	PAR	European Championships	Turkey	Junior	0,67

no name - POR

dob:

Club: international



135,82

Ranking points

Rank **736**
of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Female	0	0	0
Team Male	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	1	0
Pair	0	2	0
Team Female	0	1	1

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

World Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0
Team Male	0	0	0

World University Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	2
Synchron male	0	0	3

Pair

2006	PAR	World Championships	South Korea	1st Senior	1,34
2006	PAR	World Championships	South Korea	1st Senior	1,34
2010	PAR	World Championships	Uzbekistan	1st Senior	1,34
2010	PAR	World Championships	Uzbekistan	1st Senior	1,34
2010	3.	World University Championships	Spain	Senior	7,20
2010	3.	World University Championships	Spain	Senior	7,20
2017	PAR	World Beach Championships	Greece	under 17	0,34
2017	PAR	World Beach Championships	Greece	under 17	0,34
2017	7.	European Championships	Greece	under 30	1,87
2018	2.	Portugal Open (TCSAC)	Portugal	Junior	6,00
2018	2.	Portugal Open (TCSAC)	Portugal	Junior	6,00

Team Male

2006	PAR	World Championships	South Korea	1st Senior	1,34
2006	PAR	World Championships	South Korea	1st Senior	1,34
2013	3.	European Championships	Spain	over 29	14,40
2017	6.	European Championships	Greece	Cadet	3,11
2017	6.	European Championships	Greece	Cadet	3,11
2017	6.	European Championships	Greece	Cadet	3,11
2017	6.	European Championships	Greece	Junior	3,11
2017	6.	European Championships	Greece	Junior	3,11
2017	6.	European Championships	Greece	Junior	3,11
2017	6.	European Championships	Greece	under 30	3,11
2017	6.	European Championships	Greece	under 30	3,11
2017	6.	European Championships	Greece	under 30	3,11

Team Female

2017	8.	European Championships	Greece	Junior	1,12
2017	8.	European Championships	Greece	Junior	1,12
2017	5.	European Championships	Greece	under 30	5,18
2017	5.	European Championships	Greece	under 30	5,18
2017	8.	European Championships	Greece	Junior	1,12
2017	5.	European Championships	Greece	under 30	5,18
2018	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2018	3.	Portugal Open (TCSAC)	Portugal	Junior	3,60

Synchron male

2010	3.	World University Championships	Spain	Senior	7,20
2010	3.	World University Championships	Spain	Senior	7,20
2010	3.	World University Championships	Spain	Senior	7,20

Individual female

2011	2.	Portugal Open	Portugal	1st Senior	6,00
2017	PAR	World Beach Championships	Greece	under 17	0,34

MARTINS

Ana Sofia

dob:

Club: international



12,26

Ranking points

Rank **4.831**
of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Team Female	0	0	1

Pair

2017	8.	European Championships	Greece	Junior	1,12
2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60

Team Female

2017	3.	World Beach Championships	Greece	under 17	7,20
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Individual female

2017	PAR	World Beach Championships	Greece	under 17	0,34
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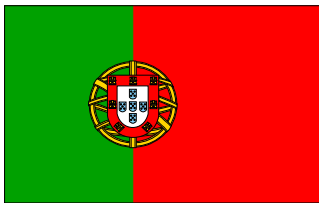
TAEKWONDO
Poomsae

ALVES

Catarina

dob:

Club: international



7,54

Ranking points

Rank **5.929**

of: 9.946

Portugal

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Team Female	0	0	1

Team Female

2017 3. World Beach Championships Greece under 17 **7,20**

Individual female

2017 PAR World Beach Championships Greece under 17 **0,34**

MARGARIDO SANCHES

Claudia

dob:

Club: international



0,34

Ranking points

Rank **9.683**

of: 9.946

Portugal

World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2017 PAR World Beach Championships Greece under 30 **0,34**

CARVALHO

Helder

dob:

Club: international



43,53

Ranking points

Rank **2.269**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	1	3
Pair	0	0	1
Team Male	1	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Pair

2016	3.	Belgian Open	Belgian	over 30	3,60
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Team Male

2019	1.	Portugal Open (TCSAC)	Portugal	over 30	10,00
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Individual male

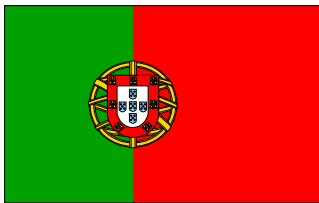
2014	3.	French Open (Paris)	France	2nd Master	3,60
2017	3.	Austrian Open	Austria	under 60	3,60
2018	3.	Spanish Open	Spain	under 60	3,60
2019	2.	Portugal Open (TCSAC)	Portugal	under 60	6,00
2019	PAR	European Championships	Turkey	under 60	0,67
2020	PAR	World Championships	online	under 60	1,34
2021	8.	European Championships	Portugal	under 60	1,12
2023	1.	French Open (Paris)	France	under 65	10,00

ALVES

Marta

dob:

Club: international



7,20

Ranking points

Rank **5.953**

of: 9.946

Portugal

World Beach Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2017 3. World Beach Championships Greece under 17 **7,20**

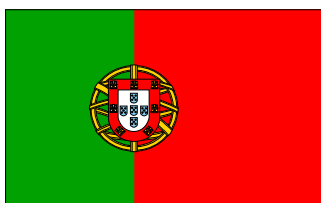


PENEDA

Joao

dob:

Club: international



Portugal

22,68

Ranking points

Rank **3.545**
of: 9.946



Photo: Turkiye TKD Federasyonu / Bogachan Karasu (2019)

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	0
Pair	1	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Pair

2018	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00
2019	PAR	European Championships	Turkey	Junior	0,67

Individual male

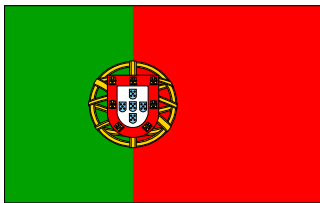
2018	1.	Portugal Open (TCSAC)	Portugal	under 17	10,00
2018	PAR	World Championships	Chinese Taipei	Junior	1,34
2019	PAR	European Championships	Turkey	Junior	0,67

CARVALHO

Katia

dob:

Club: international



30,67

Ranking points

Rank **2.887**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

European Master Games

Discipline	Gold	Silver	Bronze
Individual female	0	1	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	1	4
Pair	0	0	1

Pair

2016	3.	Belgian Open	Belgian	over 30	3,60
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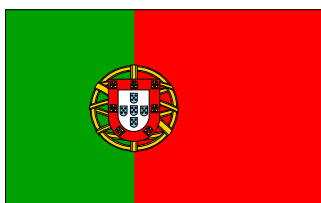
Individual female

2014	3.	French Open (Paris)	France	1st Master	3,60
2015	2.	European Master Games	Italy	over 41	6,00
2017	3.	French Open (Lille)	France	under 50	3,60
2019	3.	Portugal Open (TCSAC)	Portugal	under 50	3,60
2019	3.	WT PresidentsCup - Europe	Germany	under 50	3,60
2019	PAR	European Championships	Turkey	under 50	0,67
2023	2.	French Open (Paris)	France	under 60	6,00

NUNES Goncalo

dob:

Club: international



3,21

Ranking points

Rank **8.552**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Team Male	0	0	0

Team Male

2019	PAR	European Championships	Turkey	under 30	0,67
2021	7.	European Championships	Portugal	under 30	1,87

Individual male

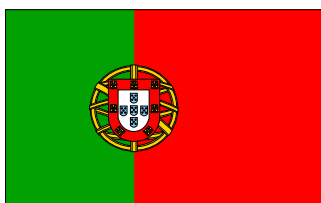
2021	PAR	European Championships	Portugal	under 30	0,67
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PINTO

Tiago

dob:

Club: international



23,88

Ranking points

Rank **3.446**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team Male	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	0
Team Male	1	0	0

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Team Male

2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	PAR	European Championships	Turkey	under 30	0,67
2021	7.	European Championships	Portugal	under 30	1,87

Individual male

2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2020	PAR	World Championships	online	under 30	1,34



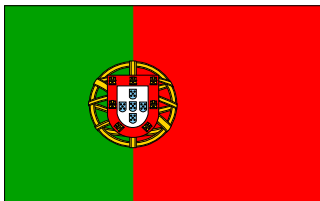
TAEKWONDO
Poomsae

PALMA

Marco

dob:

Club: international



90,94

Ranking points

Rank **1.174**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	1	0
Pair	1	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	1	1
Pair	0	1	0

Pair

2019	2.	French Open (Lille)	France	Cadet	6,00
2019	PAR	European Championships	Turkey	Cadet	0,67
2021	1.	European Championships	Portugal	Cadet	40,00

Individual male

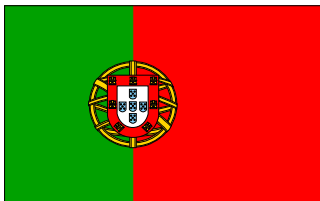
2018	3.	Portugal Open (TCSAC)	Portugal	under 14	3,60
2019	1.	French Open (Paris)	France	Cadet	10,00
2019	2.	French Open (Lille)	France	Cadet	6,00
2019	PAR	European Championships	Turkey	Cadet	0,67
2021	2.	European Championships	Portugal	Cadet	24,00

MENDES

Constanca Lagos

dob:

Club: international



24,85

Ranking points

Rank **3.282**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0
Team Female	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0

Pair

2019	2.	French Open (Lille)	France	Cadet	6,00
2019	PAR	European Championships	Turkey	Cadet	0,67
2021	6.	European Championships	Portugal	Junior	3,11

Team Female

2021	3.	European Championships	Portugal	Junior	14,40
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Individual female

2019	PAR	European Championships	Turkey	Cadet	0,67
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FREIRE

Daniel

dob:

Club: international



17,20

Ranking points

Rank **4.001**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	2

Individual male

2015	3.	Belgian Open	Belgian	under 17	3,60
2016	3.	Spanish Open	Spain	Junior	3,60
2016	1.	Belgian Open	Belgian	under 17	10,00

SANCHES

Claudia Margarido

dob: 23.06.1996

Club: Grupo Sportivo de Carcavelos



6,34

Ranking points

Rank **6.253**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	1	0

Universiade

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Freestyle Individual

2019 2. Belgian Open Belgian over 18 female **6,00**

Individual female

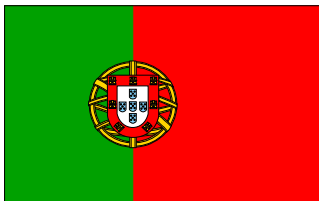
2019 PAR Universiade Italy Senior **0,34**

ALVES

E.

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2019 3. French Open (Lille) France Junior **3,60**

SANTOS

Joao Miguel

dob:

Club: international



39,65

Ranking points

Rank **2.532**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	1
Freestyle Mixed Team	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	1	0	3

World Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0

Freestyle Individual

2018	1.	Portugal Open (TCSAC)	Portugal	over 18 male	10,00
2019	3.	French Open (Lille)	France	over 17 male	3,60
2020	PAR	World Championships	online	over 17 male	1,34
2020	3.	German Open	Germany	over 17 male	3,60
2020	3.	Austrian Open	Austria	over 17 male	3,60
2021	3.	European Championships	Portugal	over 17 male	14,40

Freestyle Mixed Team

2021	6.	European Championships	Portugal	over 12	3,11
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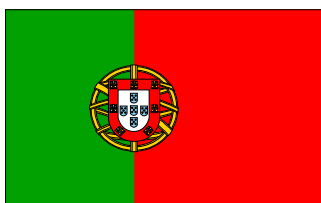
TAEKWONDO
Poomsae

MARTINS

Barbara

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2011 3. Belgian Open Belgian 1st Senior **3,60**

REIS

Guilherme

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

Individual male

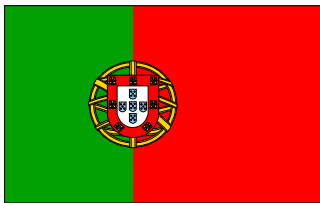
2011 3. Portugal Open Portugal Cadet **3,60**

CONSTANTINO

Fabio

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

Individual male

2011 3. Portugal Open Portugal Junior **3,60**

TORRES

Pedro

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

Individual male

2011 3. Portugal Open Portugal 2nd Senior **3,60**

VIEIRA Joaquim

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	1	0

Individual male

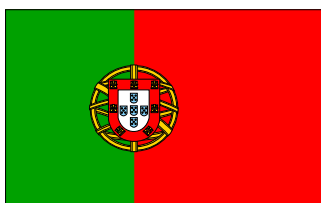
2011 2. Portugal Open Portugal 3rd Master **6,00**

SOARES

Nuno

dob:

Club: international



10,00

Ranking points

Rank **5.113**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

Team Male

2011 1. Portugal Open Portugal 2nd Senior **10,00**

DUICAN

Helena

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1

Individual female

2019 3. Portugal Open (TCSAC) Portugal under 11 **3,60**

TOMAZ Ricardo

dob:

Club: international



7,20

Ranking points

Rank **5.953**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	2

Individual male

2018	3.	Portugal Open (TCSAC)	Portugal	under 14	3,60
2019	3.	Portugal Open (TCSAC)	Portugal	Cadet	3,60

FREIRA

Joana

dob:

Club: international



29,60

Ranking points

Rank **2.950**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Team Female	2	1	0

Team Female

2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	2.	Portugal Open (TCSAC)	Portugal	Junior	6,00

Individual female

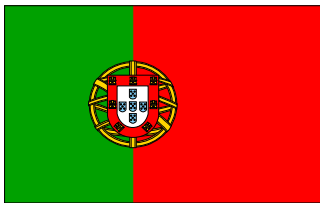
2019	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
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BAGANHA

Duarte

dob:

Club: international



17,20

Ranking points

Rank **4.001**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	0	1
Team Male	1	0	0

Pair

2018 3. Portugal Open (TCSAC) Portugal under 30 **3,60**

Team Male

2018 1. Portugal Open (TCSAC) Portugal under 30 **10,00**

Individual male

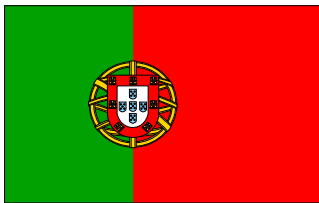
2019 3. Portugal Open (TCSAC) Portugal under 30 **3,60**

CONSTANTINO

Ana Cristina

dob:

Club: international



10,94

Ranking points

Rank **4.988**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	1	1

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Individual female

2018	2.	Portugal Open (TCSAC)	Portugal	under 60	6,00
2019	3.	Portugal Open (TCSAC)	Portugal	under 60	3,60
2020	PAR	World Championships	online	under 60	1,34

ESPERANCA

Amelie

dob:

Club: international



7,20

Ranking points

Rank **5.953**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	2

Individual female

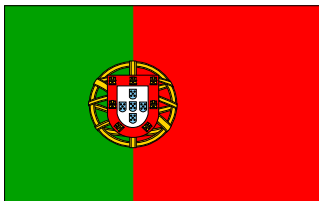
2018	3.	Portugal Open (TCSAC)	Portugal	under 60	3,60
2019	3.	Portugal Open (TCSAC)	Portugal	under 60	3,60

GRADIL

Jose Manuel

dob:

Club: international



8,54

Ranking points

Rank **5.878**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	2

World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

Individual male

2019	3.	Portugal Open (TCSAC)	Portugal	under 65	3,60
2020	PAR	World Championships	online	under 65	1,34
2020	3.	Austrian Open	Austria	under 65	3,60

OLIVEIRA

Ana

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

Pair

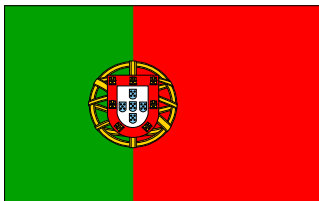
2019 3. Portugal Open (TCSAC) Portugal Cadet **3,60**

GOMES

Martim

dob:

Club: international



9,60

Ranking points

Rank **5.616**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Male	0	1	0

Pair

2019 3. Portugal Open (TCSAC) Portugal Cadet **3,60**

Team Male

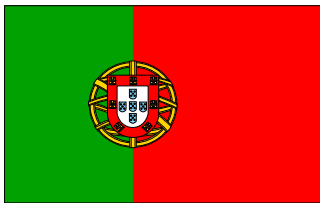
2018 2. Portugal Open (TCSAC) Portugal Cadet **6,00**

FRANCISCO

Mara

dob:

Club: international



18,67

Ranking points

Rank **3.913**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Team Female	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

Pair

2019 3. Portugal Open (TCSAC) Portugal Junior **3,60**

Team Female

2021 3. European Championships Portugal under 30 **14,40**

Individual female

2021 PAR European Championships Portugal under 30 **0,67**

RAMOS

Rafael

dob:

Club: international



33,20

Ranking points

Rank **2.795**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	1	0
Pair	0	0	2
Team Male	2	0	0

Pair

2018	3.	Portugal Open (TCSAC)	Portugal	Junior	3,60
2019	3.	Portugal Open (TCSAC)	Portugal	Junior	3,60

Team Male

2018	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00
2019	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00

Individual male

2018	2.	Portugal Open (TCSAC)	Portugal	under 17	6,00
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SANTOS

Tiago

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

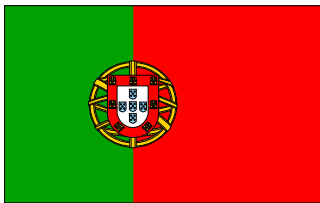
Pair

2019 3. Portugal Open (TCSAC) Portugal under 30 **3,60**

MARTINS Catarina

dob:

Club: international



29,60

Ranking points

Rank **2.950**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Female	2	1	0

Pair

2019 3. Portugal Open (TCSAC) Portugal under 30 **3,60**

Team Female

2018 1. Portugal Open (TCSAC) Portugal under 30 **10,00**

2019 1. Portugal Open (TCSAC) Portugal under 30 **10,00**

2019 2. Portugal Open (TCSAC) Portugal Junior **6,00**

CASIMIRO

Andreia

dob:

Club: international



29,60

Ranking points

Rank **2.950**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Team Female	2	1	0

Team Female

2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	2.	Portugal Open (TCSAC)	Portugal	Junior	6,00

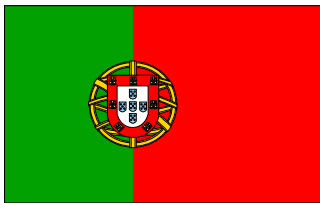
Individual female

2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
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CHAUVIN Christian

dob:

Club: international



10,00

Ranking points

Rank **5.113**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

Team Male

2019 1. Portugal Open (TCSAC) Portugal over 30 **10,00**

VIEIRA Afonso

dob:

Club: Grupo Sportivo de Carcavelos



23,60

Ranking points

Rank **3.450**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	1	0	1
Freestyle Pair	1	0	0

Freestyle Individual

2019	3.	Portugal Open (TCSAC)	Portugal	under 18 male	3,60
2019	1.	Belgian Open	Belgian	over 18 male	10,00

Freestyle Pair

2019	1.	Portugal Open (TCSAC)	Portugal	over 18	10,00
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COSTA CAMPOS

Vera

dob:

Club: Grupo Sportivo de Carcavelos



23,60

Ranking points

Rank **3.450**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	1	0	1
Freestyle Pair	1	0	0

Freestyle Individual

2019	1.	Portugal Open (TCSAC)	Portugal	over 18 female	10,00
2019	3.	Belgian Open	Belgian	over 18 female	3,60

Freestyle Pair

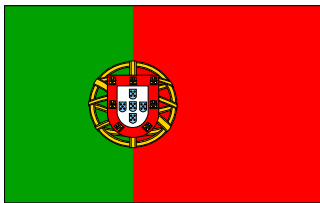
2019	1.	Portugal Open (TCSAC)	Portugal	over 18	10,00
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MARTINS

Eduardo

dob:

Club: Grupo Sportivo de Carcavelos



22,00

Ranking points

Rank **3.557**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	1	1	0
Freestyle Pair	0	1	0

Freestyle Individual

2019	1.	Portugal Open (TCSAC)	Portugal	over 18 male	10,00
2019	2.	Belgian Open	Belgian	over 18 male	6,00

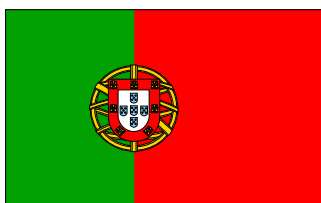
Freestyle Pair

2019	2.	Portugal Open (TCSAC)	Portugal	over 18	6,00
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HILARIO Armando

dob:

Club: international



39,74

Ranking points

Rank **2.528**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Team Female	0	0	1

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Individual male	0	1	0

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Team Female

2021	3.	European Championships	Portugal	over 30	14,40
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Individual male

2020	2.	Austrian Open	Austria	over 65	6,00
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Individual female

2011	3.	Spanish Open	Spain	under 40	3,60
2020	PAR	World Championships	online	under 50	1,34
2021	3.	European Championships	Portugal	under 50	14,40

SANTOS Guilherme

dob:

Club: international



9,60

Ranking points

Rank **5.616**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Team Male	0	1	0

Team Male

2018 2. Portugal Open (TCSAC) Portugal Junior **6,00**

Individual male

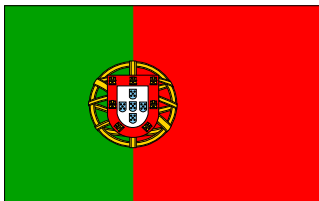
2018 3. Portugal Open (TCSAC) Portugal under 17 **3,60**

CARVALHO

Maria

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1

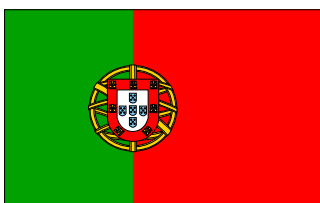
Individual female

2018 3. Portugal Open (TCSAC) Portugal under 60 **3,60**

MOREIRA Guilherme

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

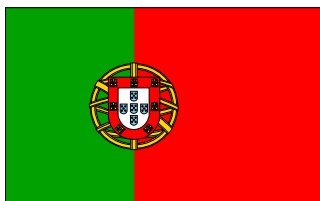
Team Male

2018 2. Portugal Open (TCSAC) Portugal Cadet **6,00**

LOPES Afonso

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Team Male

2018 2. Portugal Open (TCSAC) Portugal Cadet **6,00**

PINTO

Sara

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

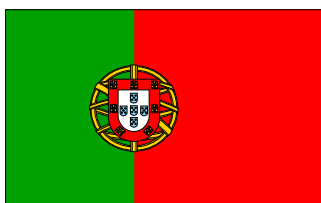
Pair

2018 3. Portugal Open (TCSAC) Portugal Junior **3,60**

ALVES Eduarda

dob:

Club: international



10,00

Ranking points

Rank **5.113**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	0

Team Female

2018 1. Portugal Open (TCSAC) Portugal Junior **10,00**

NUNES

Ines

dob:

Club: international



13,60

Ranking points

Rank **4.568**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	1

Team Female

2018	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00
2019	3.	French Open (Lille)	France	Junior	3,60

COSTA

Marta

dob:

Club: international



10,00

Ranking points

Rank **5.113**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	0

Team Female

2018 1. Portugal Open (TCSAC) Portugal Junior **10,00**

CAMACHO

Sara

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

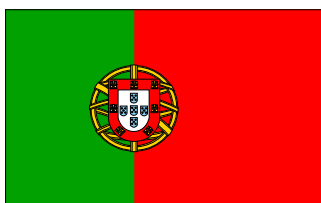
2018 3. Portugal Open (TCSAC) Portugal Junior **3,60**

FERNANDES

Mariana

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2018 3. Portugal Open (TCSAC) Portugal Junior **3,60**



TAEKWONDO

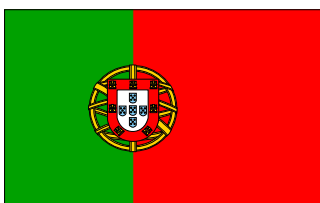
Poomsae

FONSECA

Tomas

dob:

Club: international



Portugal

6,00

Ranking points

Rank **6.286**

of: 9.946



Photo: Peter Bolz (2020)

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Team Male

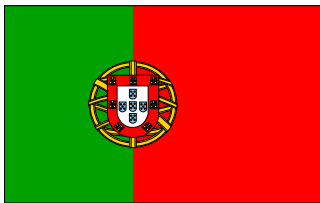
2018 2. Portugal Open (TCSAC) Portugal Junior **6,00**

GRACA

Miguel Leitao

dob:

Club: international



9,78

Ranking points

Rank **5.611**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Pair

2021 6. European Championships Portugal Junior **3,11**

Team Male

2018 2. Portugal Open (TCSAC) Portugal Junior **6,00**

Individual male

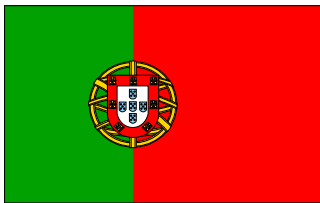
2021 PAR European Championships Portugal Junior **0,67**

PEIXE

Cristiana

dob:

Club: international



12,71

Ranking points

Rank **4.807**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Mixed Team	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Female	0	1	0

Pair

2018 3. Portugal Open (TCSAC) Portugal under 30 **3,60**

Team Female

2018 2. Portugal Open (TCSAC) Portugal under 30 **6,00**

Freestyle Mixed Team

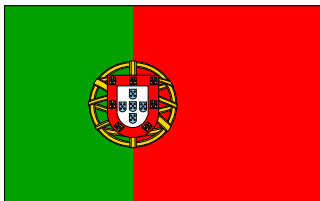
2021 6. European Championships Portugal over 12 **3,11**

FELIX

Irina

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

Team Female

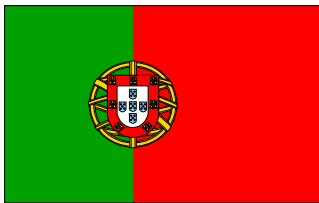
2018 2. Portugal Open (TCSAC) Portugal under 30 **6,00**

MONTEIRO

Joao

dob:

Club: international



10,00

Ranking points

Rank **5.113**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

Team Male

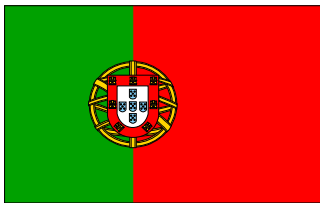
2018 1. Portugal Open (TCSAC) Portugal under 30 **10,00**

ROMERO

Juaquin

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Team Male

2018 2. Portugal Open (TCSAC) Portugal under 30 **6,00**

CHOI

Sen

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Team Male

2018 2. Portugal Open (TCSAC) Portugal under 30 **6,00**

BARBA

Ulises

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

Team Male

2018 2. Portugal Open (TCSAC) Portugal under 30 **6,00**

OLIVEIRA Goncalo

dob:

Club: international



20,00

Ranking points

Rank **3.698**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	2	0	0

Team Male

2018	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00
2019	1.	Portugal Open (TCSAC)	Portugal	Junior	10,00

Diana

dob:

Club: international



6,00

Ranking points

Rank **6.286**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Pair	0	1	0

Freestyle Pair

2019 2. Portugal Open (TCSAC) Portugal over 18 **6,00**

CABECANA

Pedro

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	0	1

Team Male

2019 3. Portugal Open (TCSAC) Portugal Junior **3,60**

LOPES Flavio

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	0	1

Team Male

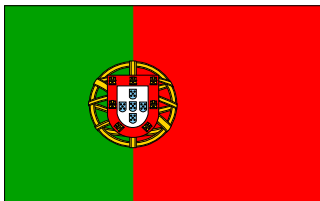
2019 3. Portugal Open (TCSAC) Portugal Junior **3,60**

PEREIRA

Ruben

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	0	1

Team Male

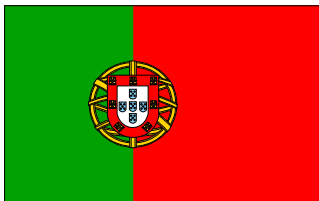
2019 3. Portugal Open (TCSAC) Portugal Junior **3,60**

HILARIO

Vanda

dob:

Club: international



16,41

Ranking points

Rank **4.099**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Team Female	0	0	1

World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

Team Female

2021 3. European Championships Portugal over 30 **14,40**

Individual female

2020 PAR World Championships online under 40 **1,34**

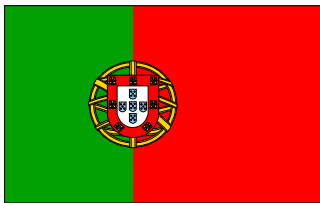
2021 PAR European Championships Portugal under 40 **0,67**

MARTINS

Ines

dob:

Club: international



41,87

Ranking points

Rank **2.315**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	1	0	0

Pair

2021 1. European Championships Portugal Cadet **40,00**

Individual female

2021 7. European Championships Portugal Cadet **1,87**

COSTA Carolina

dob:

Club: international



15,52

Ranking points

Rank **4.287**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Team Female	0	0	1

Team Female

2021 3. European Championships Portugal Junior **14,40**

Individual female

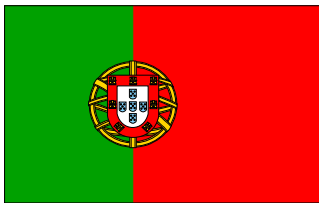
2021 8. European Championships Portugal Junior **1,12**

ESPERANCA

Carina

dob:

Club: international



14,40

Ranking points

Rank **4.347**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

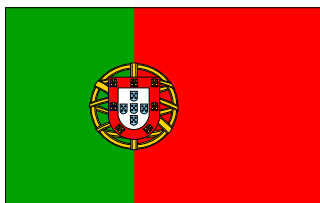
Team Female

2021 3. European Championships Portugal under 30 **14,40**

FERREIRA Maria

dob:

Club: international



Portugal

10,98

Ranking points

Rank **4.982**
of: 9.946



Photo: Peter Bolz (2023)

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0
Freestyle Mixed Team	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	1
Team Female	0	0	1

Team Female

2023 3. German Open Germany Junior **3,60**

Freestyle Individual

2021 PAR European Championships Portugal under 17 female **0,67**

2023 3. German Open Germany under 17 female **3,60**

Freestyle Mixed Team

2021 6. European Championships Portugal over 12 **3,11**

BEJA

Ines

dob:

Club: international



4,23

Ranking points

Rank **7.188**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Individual	0	0	0
Freestyle Mixed Team	0	0	0

Freestyle Individual

2021 8. European Championships Portugal over 17 female **1,12**

Freestyle Mixed Team

2021 6. European Championships Portugal over 12 **3,11**

GOMES

Lara

dob:

Club: international



6,71

Ranking points

Rank **6.216**

of: 9.946

Portugal

European Championships

Discipline	Gold	Silver	Bronze
Freestyle Mixed Team	0	0	0

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2023 3. German Open Germany Junior **3,60**

Freestyle Mixed Team

2021 6. European Championships Portugal over 12 **3,11**

AMARAL

Soraia

dob:

Club: international



3,60

Ranking points

Rank **7.240**

of: 9.946

Portugal

Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

Team Female

2023 3. German Open Germany Junior **3,60**