



# TAEKWONDO

## Poomsae

## OTTESEN

### Mee-Eline

dob: 05.12.1981

Club: international



Norway

**6,95**

Ranking points

Rank **6.290**

of: 10.092



Photo: Peter Bolz (2001)

### European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

### Pair

2001	PAR	European Championships	Germany	1st Senior	0,67
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### Team Female

2001	3.	Belgian Open	Belgian	over 15	3,60
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### Individual female

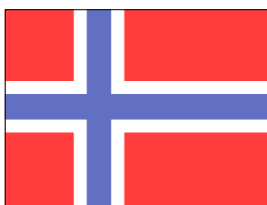
2001	PAR	European Championships	Germany	1st Senior	0,67
2005	PAR	European Championships	Finland	1st Senior	0,67
2006	PAR	World Championships	South Korea	1st Senior	1,34

## JENSSEN

### Thomas

dob: 04.12.1974

Club: international



**1,34**

Ranking points

Rank **9.019**

of: 10.092

Norway

### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

#### Pair

2001 PAR European Championships Germany 1st Senior **0,67**

#### Individual male

2001 PAR European Championships Germany 1st Senior **0,67**

## WOON SUP Cho

dob:

Club: international



**10,67**

Ranking points

Rank **5.125**

of: 10.092

Norway

### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	0

### Individual male

2001	PAR	European Championships	Germany	4th Senior	0,67
2003	1.	Belgian Open	Belgian	over 49 male	10,00

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## FRILSETH

### Tina

dob:

Club: international



**0,67**

Ranking points

Rank **9.580**

of: 10.092

Norway

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### European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

#### Individual female

2005 PAR European Championships

Finland

Junior

**0,67**

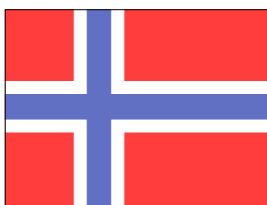
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## JORAHOLMEN

### Dag

dob:

Club: international



**1,87**

Ranking points

Rank **8.949**

of: 10.092

Norway

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### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

### Individual male

2005 7. European Championships Finland 1st Senior **1,87**



## TRAN

### Se Buron

dob:

Club: international



**8,05**

Ranking points

Rank **5.983**

of: 10.092

Norway

#### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

#### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Individual male

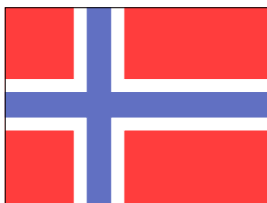
2005	6.	European Championships	Finland	2nd Senior	3,11
2006	PAR	World Championships	South Korea	1st Senior	1,34
2007	3.	Danish Open	Denmark	over 18	3,60

# OESTBY

## Jan Aage

dob:

Club: international



**56,26**

Ranking points

Rank **1.885**

of: 10.092

Norway

### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

### European Master Games

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	0	2

### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0



### Individual male

2006	5.	World Championships	South Korea	2nd Senior	10,37
2007	PAR	European Championships	Turkey	2nd Senior	0,67
2008	PAR	World Championships	Turkey	2nd Senior	1,34
2009	3.	European Championships	Portugal	2nd Senior	14,40
2010	3.	Spanish Open	Spain	2nd Senior	3,60
2010	6.	World Championships	Uzbekistan	2nd Senior	6,22
2011	3.	European Master Games	Italy	over 35	3,60
2011	8.	European Championships	Italy	2nd Senior	1,12
2012	1.	US-Open	USA	under 40	10,00
2012	3.	Austrian Open	Austria	under 39	3,60
2012	PAR	World Championships	Colombia	under 39	1,34



TAEKWONDO  
Poomsae

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**KUMAR**

**Garima**

dob:

Club: international



**1,34**

Ranking points

Rank **9.019**

of: 10.092

**Norway**

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### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0

#### Individual female

2006 PAR World Championships

South Korea

Junior

**1,34**

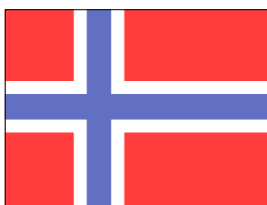
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## ANDERSTUEN

### Morten

dob:

Club: international



**0,67**

Ranking points

Rank **9.580**

of: 10.092

Norway

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### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Individual male

2007 PAR European Championships

Turkey

1st Senior

**0,67**



## VO Kristen

dob:

Club: international



**4,02**

Ranking points

Rank **7.298**

of: 10.092

Norway

### European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

### Pair

2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	PAR	European Championships	Portugal	1st Senior	0,67

### Individual female

2008	PAR	World Championships	Turkey	Junior	1,34
2009	PAR	European Championships	Portugal	Junior	0,67



## WIEN

### Joachim

dob: 08.12.1992

Club: international



Norway

**338,22**

Ranking points

Rank **202**

of: 10.092



Photo: Peter Bolz (2015)

### European Championships

Discipline	Gold	Silver	Bronze
Individual male	1	1	1
Pair	1	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	6	3	6
Pair	7	2	3

### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

## Pair

2008	PAR	World Championships	Turkey	1st Senior	1,34
2009	PAR	European Championships	Portugal	1st Senior	0,67
2011	PAR	World Championships	Russia	1st Senior	1,34
2012	PAR	World Championships	Colombia	up to 29	1,34
2013	6.	European Championships	Spain	up to 29	3,11
2013	2.	Spanish Open	Spain	under 29	6,00
2013	1.	Belgian Open	Belgian	up to 29	10,00
2014	3.	Belgian Open	Belgian	under 30	3,60
2014	PAR	World Championships	Mexico	under 30	1,34
2014	2.	German Open	Germany	until 30	6,00
2015	1.	European Championships	Serbia	under 30	40,00
2015	1.	Hungary Open	Hungary	under 30	10,00
2015	1.	German Open	Germany	under 30	10,00
2016	PAR	World Championships	Peru	under 30	1,34
2016	1.	Belgian Open	Belgian	under 30	10,00
2016	3.	US-Open	USA	under 30	3,60
2016	1.	Spanish Open	Spain	under 30	10,00
2016	1.	Austrian Open	Austria	until 30	10,00
2016	1.	German Open	Germany	under 30	10,00
2019	3.	French Open (Lille)	France	under 30	3,60

## Individual male

2008	PAR	World Championships	Turkey	Junior	1,34
2009	6.	European Championships	Portugal	Junior	3,11
2010	PAR	World Championships	Uzbekistan	Junior	1,34
2011	PAR	World Championships	Russia	1st Senior	1,34
2012	PAR	World Championships	Colombia	under 29	1,34
2013	6.	European Championships	Spain	under 29	3,11
2014	3.	German Open	Germany	under 30	3,60
2014	PAR	World Championships	Mexico	under 30	1,34
2015	3.	German Open	Germany	under 30	3,60
2015	1.	Hungary Open	Hungary	under 30	10,00
2015	3.	European Championships	Serbia	under 30	14,40
2016	1.	German Open	Germany	under 30	10,00
2016	1/16-F	World Championships	Peru	under 30	1,34
2016	2.	Spanish Open	Spain	under 30	6,00
2016	3.	Belgian Open	Belgian	under 30	3,60
2017	3.	French Open (Lille)	France	under 30	3,60
2017	1.	Belgian Open	Belgian	under 30	10,00
2017	1.	European Championships	Greece	under 30	40,00
2017	3.	Austrian Open	Austria	under 30	3,60
2017	2.	Hungary Open	Hungary	under 30	6,00
2018	PAR	World Championships	Chinese Taipei	under 30	1,34
2018	3.	German Open	Germany	under 30	3,60
2018	PAR	World Championships	Chinese Taipei	under 30	1,34
2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	1.	Multi European Games	Bulgaria	under 30	10,00
2019	2.	French Open (Lille)	France	under 30	6,00
2019	1.	German Open	Germany	under 30	10,00
2019	2.	European Championships	Turkey	under 30	24,00



## BANSAL

### Nina

dob: 29.07.1986

Club: international



Norway

**538,02**

Ranking points

Rank **73**  
of: 10.092



Photo: Peter Bolz (2018)

### European Championships

Discipline	Gold	Silver	Bronze
Individual female	3	0	0
Pair	1	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	16	5	5
Pair	7	2	1

### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	1	0
Pair	0	0	0



## Pair

2011	PAR	World Championships	Russia	1st Senior	1,34
2012	PAR	World Championships	Colombia	up to 29	1,34
2013	2.	Spanish Open	Spain	under 29	6,00
2013	6.	European Championships	Spain	up to 29	3,11
2013	1.	Belgian Open	Belgian	up to 29	10,00
2014	PAR	World Championships	Mexico	under 30	1,34
2014	2.	German Open	Germany	until 30	6,00
2014	3.	Belgian Open	Belgian	under 30	3,60
2015	1.	European Championships	Serbia	under 30	40,00
2015	1.	Hungary Open	Hungary	under 30	10,00
2015	1.	German Open	Germany	under 30	10,00
2016	1.	Spanish Open	Spain	under 30	10,00
2016	PAR	World Championships	Peru	under 30	1,34
2016	1.	Austrian Open	Austria	until 30	10,00
2016	1.	German Open	Germany	under 30	10,00
2016	1.	Belgian Open	Belgian	under 30	10,00

## Individual female

2009	PAR	European Championships	Portugal	1st Senior	0,67
2009	PAR	World Championships	Egypt	1st Senior	1,34
2010	PAR	World Championships	Uzbekistan	1st Senior	1,34
2011	PAR	World Championships	Russia	1st Senior	1,34
2012	3.	Austrian Open	Austria	under 29	3,60
2012	PAR	World Championships	Colombia	under 29	1,34
2013	PAR	European Championships	Spain	under 29	0,67
2014	PAR	World Championships	Mexico	under 30	1,34
2014	3.	Belgian Open	Belgian	under 30	3,60
2014	3.	German Open	Germany	under 30	3,60
2015	PAR	European Championships	Serbia	under 30	0,67
2015	1.	Hungary Open	Hungary	under 30	10,00
2015	2.	Belgian Open	Belgian	under 30	6,00
2016	3.	German Open	Germany	under 30	3,60
2016	1/16-F	World Championships	Peru	under 30	1,34
2016	2.	Belgian Open	Belgian	under 30	6,00
2016	2.	Spanish Open	Spain	under 30	6,00
2017	1.	Belgian Open	Belgian	under 40	10,00
2017	1.	French Open (Lille)	France	under 40	10,00
2017	1.	European Championships	Greece	under 40	40,00
2017	2.	Austrian Open	Austria	under 40	6,00
2017	1.	Hungary Open	Hungary	under 40	10,00
2018	1.	Belgian Open	Belgian	under 40	10,00
2018	PAR	World Championships	Chinese Taipei	under 40	1,34
2018	1.	German Open	Germany	under 40	10,00
2018	1.	Hungary Open	Hungary	under 40	10,00
2018	1.	Austrian Open	Austria	under 40	10,00
2019	1.	Belgian Open	Belgian	under 40	10,00
2019	1.	German Open	Germany	under 40	10,00
2019	1.	European Championships	Turkey	under 40	40,00
2019	1.	Hungary Open	Hungary	under 40	10,00
2019	1.	French Open (Lille)	France	under 40	10,00
2020	1.	European Open	online	under 40	10,00

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2020	1.	German Open	Germany	under 40	10,00
2020	1.	British Open	Great Britain	under 40	10,00
2020	2.	World Championships	online	under 40	48,00
2020	1.	WT PresidentsCup - Europe	Sweden	under 40	10,00
2021	1.	European Championships	Portugal	under 40	40,00
2021	3.	World Taekwondo - Challenge 3	online	under 40	7,20
2022	2.	Croatia Open	Croatia	under 40	6,00
2022	5.	World Championships	Korea	under 40	10,37
2022	5.	World Taekwondo - Challenge 1	online	under 40	2,59

## no name - NOR

dob:

Club: international



**25,62**

Ranking points

Rank **3.293**

of: 10.092

Norway

### European Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Female	0	3	0

### World Championships

Discipline	Gold	Silver	Bronze
Pair	0	0	0

### Pair

2006	PAR	World Championships	South Korea	1st Senior	1,34
2006	PAR	World Championships	South Korea	1st Senior	1,34
2011	PAR	European Championships	Italy	1st Senior	0,67
2011	PAR	European Championships	Italy	1st Senior	0,67
2018	3.	Hungary Open	Hungary	under 30	3,60

### Team Female

2022	2.	European Cup	Sweden	under 30	6,00
2022	2.	European Cup	Sweden	under 30	6,00
2022	2.	European Cup	Sweden	under 30	6,00



## OSTLI Sune

dob:

Club: international



Norway

**191,88**

Ranking points

Rank **486**  
of: 10.092



Photo: Peter Bolz (2020)

### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	1	1	8
Pair	2	5	2
Team Female	0	1	0
Team Male	5	0	0

### World Beach Championships

Discipline	Gold	Silver	Bronze
Individual male	0	1	0
Pair	0	1	0

### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0
Pair	0	0	0

### Pair

2018	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2019	PAR	European Championships	Turkey	under 30	0,67
2019	2.	World Beach Championships	Egypt	under 30	12,00
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2020	3.	British Open	Great Britain	under 30	3,60
2021	PAR	European Championships	Portugal	under 30	0,67
2021	2.	WT PresidentsCup - Europe	Turkey	under 30	6,00
2022	2.	WT PresidentsCup - Europe	Albania	under 30	6,00
2022	PAR	World Championships	Korea	under 30	1,34
2022	3.	Swedish Open	Sweden	under 30	3,60
2023	1.	WT PresidentsCup - Europe	Turkey	under 30	10,00
2023	2.	Canada Open	Canada	under 30	6,00
2023	2.	Turkish Open	Turkey	under 30	6,00

### Team Male

2016	1.	Hungary Open	Hungary	under 30	10,00
2017	1.	Hungary Open	Hungary	under 30	10,00
2017	1.	Austrian Open	Austria	Junior	10,00
2018	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00

### Team Female

2019	2.	Austrian Open	Austria	until 30	6,00
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### Individual male

2014	3.	Belgian Open	Belgian	Cadet	3,60
2016	3.	Hungary Open	Hungary	Junior	3,60
2017	3.	Hungary Open	Hungary	Junior	3,60
2017	PAR	World Beach Championships	Greece	under 17	0,34
2018	1.	Hungary Open	Hungary	under 30	10,00
2018	PAR	World Beach Championships	Greece	under 30	0,34
2018	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
2019	2.	Portugal Open (TCSAC)	Portugal	under 30	6,00
2019	2.	World Beach Championships	Egypt	under 30	12,00
2021	5.	European Championships	Portugal	under 30	5,18
2021	3.	Oceania Open	online	under 30	3,60
2022	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
2022	3.	WT PresidentsCup - Europe	Albania	under 30	3,60
2022	PAR	World Championships	Korea	under 30	1,34
2023	3.	Canada Open	Canada	under 30	3,60



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## JENSEN BORGERSEN

### Mathilde

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

### Team Female

2015 2. US-Open USA Junior **6,00**

# TEMTEMOEN

## Maren-Kristin

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

### Team Female

2015 2. US-Open USA Junior **6,00**

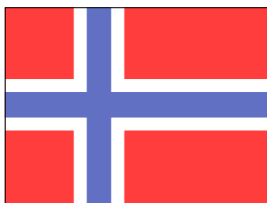
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## FIRIN LEMME

### Marie

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

### Team Female

2015 2. US-Open

USA

Junior

**6,00**

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## GUILBRANDSE

### Kari-Anne

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2001 3. Belgian Open Belgian over 15 **3,60**

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## YONG BJERNE

### Monica

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2001 3. Belgian Open Belgian over 15 **3,60**



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## KJODNES

### Tuva Hatlen

dob:

Club: international



**109,83**

Ranking points

Rank **967**  
of: 10.092

Norway

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#### European Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	1	1	0
Pair	2	4	3
Team Male	1	0	0

#### World Beach Championships

Discipline	Gold	Silver	Bronze
Individual female	0	1	0
Pair	0	1	0

#### World Championships

Discipline	Gold	Silver	Bronze
Individual female	0	0	0
Pair	0	0	0

### Pair

2018	3.	Hungary Open	Hungary	under 30	3,60
2019	PAR	European Championships	Turkey	under 30	0,67
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2019	2.	World Beach Championships	Egypt	under 30	12,00
2020	3.	British Open	Great Britain	under 30	3,60
2021	PAR	European Championships	Portugal	under 30	0,67
2021	2.	WT PresidentsCup - Europe	Turkey	under 30	6,00
2022	3.	Swedish Open	Sweden	under 30	3,60
2022	PAR	World Championships	Korea	under 30	1,34
2022	2.	WT PresidentsCup - Europe	Albania	under 30	6,00
2023	2.	Canada Open	Canada	under 30	6,00
2023	1.	WT PresidentsCup - Europe	Turkey	under 30	10,00
2023	2.	Turkish Open	Turkey	under 30	6,00

### Team Male

2019	1.	Austrian Open	Austria	until 30	10,00
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### Individual female

2018	2.	Hungary Open	Hungary	Junior	6,00
2018	PAR	World Beach Championships	Greece	under 17	0,34
2019	2.	World Beach Championships	Egypt	under 30	12,00
2019	1.	Portugal Open (TCSAC)	Portugal	under 30	10,00
2021	PAR	European Championships	Portugal	under 30	0,67
2022	PAR	World Championships	Korea	under 30	1,34

## TANDBERG

### Thea Andrine Skjenald

dob:

Club: international



**13,20**

Ranking points

Rank **4.811**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0
Team Female	0	0	2

#### Pair

2019 2. Hungary Open Hungary Junior **6,00**

#### Team Female

2020 3. British Open Great Britain Junior **3,60**

2022 3. Croatia Open Croatia under 30 **3,60**

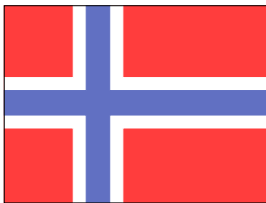


# NILSEN

## Anette Sobakken

dob:

Club: international



Norway

**28,72**

Ranking points

Rank **3.129**  
of: 10.092



Photo: Peter Bolz (2020)

### European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	0

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Team Female	0	1	5

### Team Female

2020	3.	British Open	Great Britain	Junior	3,60
2021	8.	European Championships	Portugal	under 30	1,12
2022	3.	Swedish Open	Sweden	under 30	3,60
2022	3.	Croatia Open	Croatia	under 30	3,60
2023	3.	Danish Open	Denmark	under 30	3,60
2023	2.	Swedish Open	Sweden	under 30	6,00
2023	3.	WT PresidentsCup - Europe	Turkey	under 30	3,60

### Individual female

2022	3.	Portugal Open (TCSAC)	Portugal	under 30	3,60
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TAEKWONDO  
Poomsae

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## ULFSNES

### Kristine Xiao

dob:

Club: international



**15,52**

Ranking points

Rank **4.358**

of: 10.092

Norway

#### European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1
Team Female	0	0	3

#### Team Female

2020	3.	British Open	Great Britain	Junior	3,60
2021	8.	European Championships	Portugal	under 30	1,12
2022	3.	Swedish Open	Sweden	under 30	3,60
2022	3.	Croatia Open	Croatia	under 30	3,60

#### Individual female

2018	3.	Portugal Open (TCSAC)	Portugal	under 17	3,60
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## LOCI Dardan

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0

#### Pair

2003 2. Belgian Open Belgian up to 18 **6,00**



TAEKWONDO  
Poomsae

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## KARLSEN Catherine

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0

#### Pair

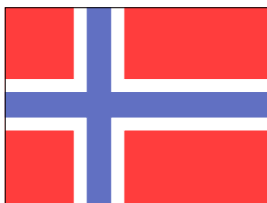
2003 2. Belgian Open Belgian up to 18 **6,00**

## BRODERSEN

### Theodor Solberg

dob:

Club: international



**27,60**

Ranking points

Rank **3.172**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	1	0
Team Male	0	3	0

#### Pair

2019 2. Hungary Open Hungary Junior 6,00

#### Team Male

2019 2. Hungary Open Hungary Junior 6,00

2019 2. Portugal Open (TCSAC) Portugal Junior 6,00

2019 2. Danish Open Denmark Junior 6,00

#### Individual male

2019 3. Hungary Open Hungary Junior 3,60



## SKAR Sander

dob:

Club: international



**19,20**

Ranking points

Rank **3.935**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	0	1
Team Male	0	2	0

#### Pair

2019 3. Hungary Open Hungary Junior 3,60

#### Team Male

2019 2. Hungary Open Hungary Junior 6,00

2019 2. Danish Open Denmark Junior 6,00

#### Individual male

2019 3. Hungary Open Hungary Junior 3,60



TAEKWONDO  
Poomsae

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## BONSAK

### Leila

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

#### Pair

2019 3. Hungary Open Hungary Junior **3,60**

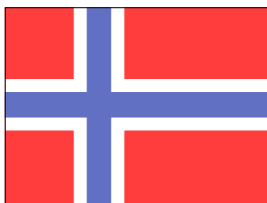


## MONSEN

### Thomas

dob:

Club: international



**13,60**

Ranking points

Rank **4.648**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	1	0	1

#### Pair

2019	3.	Hungary Open	Hungary	under 30	3,60
2019	1.	Danish Open	Denmark	under 30	10,00

## HEGGEDAL

### Rikke

dob:

Club: international



**40,40**

Ranking points

Rank **2.427**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	2
Pair	1	0	1
Team Female	1	1	1

#### Pair

2019	3.	Hungary Open	Hungary	under 30	3,60
2019	1.	Danish Open	Denmark	under 30	10,00

#### Team Female

2019	1.	Hungary Open	Hungary	under 30	10,00
2023	2.	Swedish Open	Sweden	under 30	6,00
2023	3.	WT PresidentsCup - Europe	Turkey	under 30	3,60

#### Individual female

2019	3.	Hungary Open	Hungary	under 30	3,60
2019	3.	Danish Open	Denmark	under 30	3,60



TAEKWONDO  
Poomsae

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## SILNES

### Vetle

dob:

Club: international



**12,00**

Ranking points

Rank **4.920**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	2	0

### Team Male

2019	2.	Hungary Open	Hungary	Junior	6,00
2019	2.	Danish Open	Denmark	Junior	6,00



## BONSAK

### Ayla

dob:

Club: international



**30,80**

Ranking points

Rank **2.936**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	1	0	1
Pair	0	0	2
Team Female	1	0	0

#### Pair

2017	3.	Hungary Open	Hungary	under 30	3,60
2018	3.	Hungary Open	Hungary	under 30	3,60

#### Team Female

2019	1.	Hungary Open	Hungary	under 30	10,00
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#### Individual female

2017	3.	Hungary Open	Hungary	Junior	3,60
2018	1.	Hungary Open	Hungary	under 30	10,00

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## NGUYEN

### Mai Linn

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	0

### Team Female

2019 1. Hungary Open Hungary under 30 **10,00**



TAEKWONDO  
Poomsae

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## HANSEN

### Tone

dob:

Club: international



**9,60**

Ranking points

Rank **5.703**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	1	1

### Individual female

2004	3.	Danish Open	Denmark	3rd Senior	<b>3,60</b>
2007	2.	Danish Open	Denmark	over 30	<b>6,00</b>

## ASPELI

### Carina Dahl

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Freestyle Individual	1	0	0

#### Freestyle Individual

2004 1. Danish Open

Denmark

female

**10,00**

## HOMAEI

### Selina

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2011 3. US-Open USA under 36 **3,60**





TAEKWONDO  
Poomsae

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**PEREZ**

**Sandra**

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

**Norway**

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2011 3. US-Open

USA

under 36

**3,60**



TAEKWONDO  
Poomsae

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## STENGEL

### Emilie

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2011 3. US-Open

USA

under 36

**3,60**



TAEKWONDO  
Poomsae

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## SPILLING

### Anja Gil

dob:

Club: international



**13,60**

Ranking points

Rank **4.648**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	1	0	1

### Individual female

2007	3.	Danish Open	Denmark	over 30	<b>3,60</b>
2008	1.	Danish Open	Denmark	2nd Senior	<b>10,00</b>

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## ERIKSSON

### H.

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1

#### Pair

2017 3. Hungary Open Hungary under 30 **3,60**

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## NGUYEN

### Andy

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

### Team Male

2019 2. Portugal Open (TCSAC) Portugal Junior **6,00**

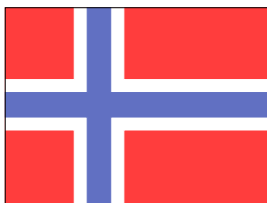
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## MIOEN

### Andre Rishovd

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	0	1	0

### Team Male

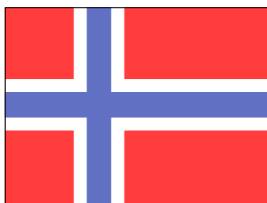
2019 2. Portugal Open (TCSAC) Portugal Junior **6,00**

## GRAMBO GUNDERSEN

### Jens

dob:

Club: international



**9,66**

Ranking points

Rank **5.701**

of: 10.092

Norway

#### European Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	2

#### World Championships

Discipline	Gold	Silver	Bronze
Individual male	0	0	0

#### Individual male

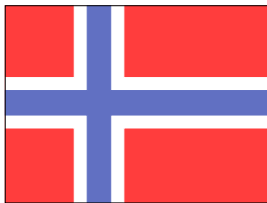
2021	8.	European Championships	Portugal	Cadet	1,12
2022	PAR	World Championships	Korea	Junior	1,34
2022	3.	Croatia Open	Croatia	Junior	3,60
2023	3.	French Open (Paris)	France	Junior	3,60

## TELLNES

### Kine Solvang

dob:

Club: international



**21,52**

Ranking points

Rank **3.677**

of: 10.092

Norway

#### European Championships

Discipline	Gold	Silver	Bronze
Team Female	0	0	0

#### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	0	1
Team Female	0	1	3

#### Pair

2022 3. Danish Open Denmark under 30 **3,60**

#### Team Female

2021 8. European Championships Portugal under 30 **1,12**

2022 3. Swedish Open Sweden under 30 **3,60**

2023 3. Danish Open Denmark under 30 **3,60**

2023 2. Swedish Open Sweden under 30 **6,00**

2023 3. WT PresidentsCup - Europe Turkey under 30 **3,60**



## LOE

### Jonas Thorsen

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

#### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	0	1

#### Pair

2022 3. Danish Open Denmark under 30 **3,60**

#### Individual male

2022 3. Danish Open Denmark under 30 **3,60**



TAEKWONDO  
Poomsae

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## LUMBAN

### Liam Sky

dob:

Club: international



**16,00**

Ranking points

Rank **4.181**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	1	0
Pair	1	0	0

#### Pair

2023 1. Danish Open Denmark Cadet **10,00**

#### Individual male

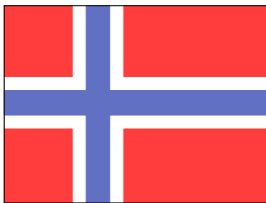
2023 2. Danish Open Denmark Cadet **6,00**

## BERGFJORD

### Aksel

dob:

Club: international



**9,60**

Ranking points

Rank **5.703**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	1	0

#### Pair

2023 2. Danish Open Denmark Cadet **6,00**

#### Individual male

2023 3. Danish Open Denmark Cadet **3,60**

# GUNDERSEN

## Jens Grambo

dob:

Club: international



**19,60**

Ranking points

Rank **3.858**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1
Pair	0	1	0
Team Male	1	0	0

#### Pair

2023 2. Danish Open Denmark Junior **6,00**

#### Team Male

2023 1. Danish Open Denmark Junior **10,00**

#### Individual male

2023 3. Danish Open Denmark Junior **3,60**

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## STROMSTAD

### Pia

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Individual female	0	0	1

#### Individual female

2023 3. Danish Open

Denmark

under 60

**3,60**



TAEKWONDO  
Poomsae

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## MEHREN

### Jan Helge

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Individual male	0	0	1

#### Individual male

2023 3. Danish Open

Denmark

under 60

**3,60**

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## WICKLUND

### Annie

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	1	0	0

#### Pair

2023 1. Danish Open Denmark Cadet **10,00**



TAEKWONDO  
Poomsae

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## GAHRE

### Kajsa

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0

#### Pair

2023 2. Danish Open Denmark Cadet **6,00**



## JORDAHL

### Josefin

dob:

Club: international



**16,00**

Ranking points

Rank **4.181**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Pair	0	1	0
Team Female	1	0	0

#### Pair

2023 2. Danish Open Denmark Junior **6,00**

#### Team Female

2023 1. Danish Open Denmark Junior **10,00**



TAEKWONDO  
Poomsae

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## AARSTEN

### Isabel

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	0

### Team Female

2023 1. Danish Open

Denmark

Junior

**10,00**



TAEKWONDO  
Poomsae

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## SKOGEN

### Marie

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	1	0	0

### Team Female

2023 1. Danish Open

Denmark

Junior

**10,00**

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## NIHLEN

### Lovisa

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

### Team Female

2023 2. Danish Open

Denmark

Junior

**6,00**

## ÖRSING

### Ellen

dob:

Club: international



**6,00**

Ranking points

Rank **6.375**

of: 10.092

Norway

### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	1	0

### Team Female

2023 2. Danish Open

Denmark

Junior

**6,00**

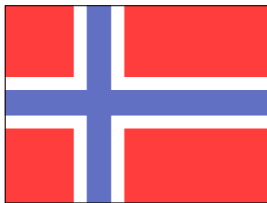
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## ANDERSEN

### Benedicte Suanes

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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#### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

#### Team Female

2023 3. Danish Open

Denmark

Junior

**3,60**

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## PARK-HUNSTAD

### Sophie Haewon

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2023 3. Danish Open

Denmark

Junior

**3,60**



TAEKWONDO  
Poomsae

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## NAKSTAD

### Jenny

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

### Team Female

2023 3. Danish Open

Denmark

Junior

**3,60**





TAEKWONDO  
Poomsae

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## JORDAHL

### Bror

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

#### Team Male

2023 1. Danish Open Denmark Junior **10,00**

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## LEREIM

### Aksel Olufsen

dob:

Club: international



**10,00**

Ranking points

Rank **5.201**

of: 10.092

Norway

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### Open Tournament

Discipline	Gold	Silver	Bronze
Team Male	1	0	0

### Team Male

2023 1. Danish Open Denmark Junior **10,00**

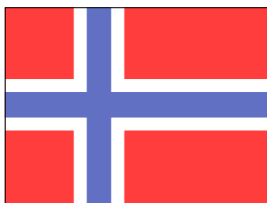
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## LARSEN

### Emma Christine

dob:

Club: international



**3,60**

Ranking points

Rank **7.348**

of: 10.092

Norway

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#### Open Tournament

Discipline	Gold	Silver	Bronze
Team Female	0	0	1

#### Team Female

2023 3. Danish Open

Denmark

under 30

**3,60**